

A Note from Your Medical Chiefs
Health & Safety at Rendezvous

- Tick and Mosquito Borne Disease Prevention: Consider the use of DEET or Picaridin on skin, Use of Permethrin on clothing, Wear tight-weave clothing, Frequent tick checks, And prompt removal of attached ticks. Specific to mosquitoes..., try to reduce your exposure during feeding time.
- During the heat of the day, **please remember to drink plenty of water throughout the day..., before it really gets HOT.** And protect yourself (the young ones, and the older folks, seem to suffer the most from this) from the sunlight light on the hot days...., sunburns are always uncomfortable. And can lead to heat cramps, heat exhaustion. Long exposures to the sun and little or no hydration can lead to Heat Stroke.
- If your eyes are sensitive of sunlight, and you wear glasses. Please make every effort to have period glasses with appropriate lenses from your optometrist.
- If you have medical issues that require you to take over the counter and / or prescription medications. Please have a list of the names of the medication(s), the dosage, and the prescribing physicians name, and pharmacy phone number.
- Coordination with ground and air ambulance services have been made. Should there be any immediate needs, due to an illness or injury. These services can be expensive. It has been suggested by these services, to consider purchasing an annual membership. Links to these services are listed below. You can correspond directly with these agencies. **The air ambulance service has reciprocal agreements throughout the US. And the ground ambulance service from John Day has reciprocal agreements throughout Oregon.** <https://www.bluemountainhospital.org/getpage.php?name=Ambulance&sub=Services> <http://www.airlinkcct.org/membership>; <https://www.lifeflight.org/membership/>

AIRLINK MEMBERSHIP

Why Become a Member?

Oregon offers limitless opportunities to enjoy the outdoors—from popular attractions to the most beautifully remote locations. But if a medical emergency arises, you can rely on AirLink to provide skilled, timely medical care and transport. Investing annually in an AirLink membership is a smart way to ensure you and your loved ones receive superior care and transport at an affordable cost.

Membership Benefits

Few families realize that emergency air transportation can easily cost \$15,000 or more, and it may not be covered in full (or at all) by your health insurance plan. AirLink memberships offset these charges by protecting you and loved ones from large out-of-pocket expenses. With an AirLink household membership, all individuals who reside at your residence are covered. (College students can be covered by the household membership if their primary address is the same as your residence.)

Extra Protection with Ground Membership

AirLink also offers ground ambulance memberships in select areas. Our FireMed ground partners are certified emergency medical personnel who specialize in advanced trauma care. FireMed member households are covered by more than 80 FireMed affiliates located throughout the state of Oregon. Membership benefits extend to all persons who are permanent residents of the same single-family dwelling/noncommercial residence living together as part of a family unit, but not to include roomers/boarders. Membership benefits also extend to household members living in substitute care (i.e., nursing home or long-term care facility) within your city and district's ambulance service area.

Your membership benefits are honored by more than 80 FireMed affiliates throughout Oregon, including the following membership programs managed by AirLink:

- **Blue Mountain Hospital Ambulance - John Day, OR**
- City of Bend FireMed - Bend, OR
- Crescent Rural Fire Protection District (CRFPD) - Crescent, OR
- Crook County Fire & Rescue - Prineville, OR
- Harney District EMS - Burns, OR

It's Easy and Affordable

- For as low as \$65 a year, you can give your family peace of mind knowing you will have no out-of-pocket expenses related to your flight if flown by us. Speak to us about membership options: [888-234-0017](tel:888-234-0017)

Blue Mountain Hospital Ambulance - John Day, OR

Blue Mountain Hospital Ambulance is an "emergency room on wheels," responding to medical emergencies throughout Grant County.

Qualified paramedics, highly trained to state and national standards, are on alert 24 hours a day. In any emergency, call 9-1-1 to report your circumstance so dispatchers can get you the help you need. Advanced life support units are based in John Day, supporting basic life support units stationed in outlying areas.

We bring service with a smile, providing caring and compassionate attention no matter the circumstance.

Medical care: Skilled emergency medical technicians are prepared to deal with any medical emergency, from trauma to illness to injury.

Other emergencies: Our crews are specially trained to in vehicle extrications, rope rescues and search-and-rescue operations.

Equipment: Ambulance units carry the most-to-date equipment and medicines to provide the very best on-scene care.

Financial: Services are covered by Medicare, Medicaid and private insurance. Two carriers - Airlink and Life Flight -- together provide Grant County with complete airlift service coverage to advanced medical care in Bend, Portland and Boise. We strongly recommend having the affordable air life insurance from both companies to ensure that you have complete coverage if you ever need to utilize the airlift services.